

# Life Talks

- Create Conversations
- Create Connections
- Create Community

## About the Books

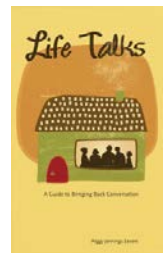
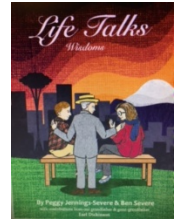
***Life Talks Wisdoms*** is a familial and multi-generational view of wisdom and what it means to live a meaningful and honorable life.

*"Life Talks Wisdoms is such a unique perspective by three generations raised in different climates and world events. I appreciate the generational differences but more often I marvel at the similarities in which they view life and how to best live it"*

***Life Talks – A Guide to Bringing Back Conversation & Life Talks – The Conversations Continue*** provides individuals, couples, friends, families, and work communities the tools, in the form of open-ended questions and activities, to initiate new relationships and deepen existing ones.

*"This book is a great reminder to all of us about the value of good conversation, especially in this day and age of all the electronic communications."*

*"This book provides a multitude of suggestions to get the conversation going and to help it continue."*



## Purchase Life Talks Books Today!

@ Amazon.com (paperback or Kindle)

## Media Coverage

CSUC Credential Recognition Ceremony Keynote Address (5/16/18)

GoodDay Sacramento – Weekend Book Club (4/7/18)

KCHO, Nancy's Bookshelf – Author Interview (2/7/18, 12/18/15, 11/20/15 & 11/15/13)

Chico Enterprise Record – Book Review (2/3/18, 10/4/15 & 8/13)

Legacy One Authors – Expert Author Interview (June 28, 2017)

CSUC Housing Newsletter – Feature Article (May, 2015 issue)

North State Parent Magazine – Feature Article (Nov., 2013 issue)

## About the Author

Peggy is a retired community college administrator and author who lives with her husband in Northern California. Peggy possesses a Master's Degree in Counseling Psychology and in addition to conducting Life Talks workshops, she has extensive experience teaching at the college-level as well as presenting for numerous community, organizational and leadership programs. Peggy is the proud, active and involved mother, grandmother, family matriarch and friend.



Contact Peggy Today! (530) 228-4677

[lifetalksbooks@gmail.com](mailto:lifetalksbooks@gmail.com)

[www.lifetalksbooks.com](http://www.lifetalksbooks.com)

1986 Lionsgate Way, Chico, CA 95928

[www.facebook.com/lifetalksbooks](http://www.facebook.com/lifetalksbooks)

# Life Talks

- Workshops
- Retreats
- Conferences
- Book Fairs

## Presentation Topics

Peggy has had extensive experience teaching at the college-level as well as presenting for numerous community, organizational and leadership programs. Thus, she is able to tailor the content and delivery style to accommodate program goals, audience interest and time allotted.

Presentation Topics have included:

- ✓ Creating Conversations, Connections, & Community
- ✓ Exploring Your Inner Wisdom
- ✓ Creating Meaningful Workplace & Family Traditions
- ✓ Interviewing Your Elders
- ✓ Letting Go of Loneliness
- ✓ Connecting with Your Colleagues, Customers, & Clients
- ✓ Generational Differences in the Workplace



## Previous Presentations

- ✓ Alpha Delta Kappa
- ✓ Butte College: Leader Development Institute, Summer Bridge, Leadership Academy
- ✓ Butte Co. Assoc. of Dental Hygienists
- ✓ California State University, Chico:
- ✓ CSUC PAUSE
- ✓ Chico Unified Parent Nights
- ✓ Chico Elks Lodge
- ✓ Lyon's Bookstore
- ✓ Mothers of Preschoolers – Chico, Foster City Janesville, Manteca
- ✓ NorCAL Leadership Academy
- ✓ Osher Lifelong Learning Institute
- ✓ Parent Teacher Association
- ✓ Something Better Chiropractic Group
- ✓ Valley Home Educators Conference – Modesto
- ✓ Workday Inc. - Pleasanton

## Participant Responses

*"Thank you Peggy for the enlightening & inspirational workshop. I learned a lot about things that truly matters!"*

*"Excellent real life application, excellent speaking presence, entertaining"*

*"Professional speaker, very useful & thought-provoking"*

*"Kept it fun & interesting"*

*"Thank you for giving me the tools to have better communication with my family. I can now go home and share questions that will enrich our lives"*

*Fantastic presentation!*

### Life Talks Mission Statement

**The purpose of the Life Talks brand (books, merchandise and workshops) is to help unite people by providing them with affordable tools for creating meaningful and sustainable connections**